



Help give your baby the **best** start in life with infant massage

Why learn to massage your baby?

Bonding – massage enhances loving communication

Relief – from painful discomforts (constipation, colic, teething)

Relaxation – helps your baby sleep better

*Above all massaging your baby is **FUN!***

- ♥ Weekly one-hour sessions over 4 weeks
- ♥ Hands on interactive classes that are fun & inspiring
- ♥ Easy-to-learn techniques to massage your baby with confidence
- ♥ Learn the many ways baby massage can benefit you and your child
- ♥ Conducted in a warm & safe environment

Classes are conducted by a Certified Infant Massage Instructor (CIMI)

Classes are held at Rouse Hill and run on a monthly basis.

Next program: June/July 2009

CALL TO RESERVE YOUR PLACE

0403 886 194

Bookings essential. Partners welcome at no extra cost.

Also available baby basics course, dads only classes & private classes.

GIFT VOUCHERS AVAILABLE

***“Learn to massage your baby today
for a healthy & well-rounded child tomorrow”***